



THERAPEUTIC RESIDENTIAL TREATMENT FOR ADOLESCENT BOYS

a safe community of care, commitment and mutual respect



PATHWAY TO A NEW BEGINNING

TREATMENT PROGRAMS

- Sexual Behavior Problems
- Fire Setters
- Emotionally Disturbed
- Behavior & Conduct Disorders
- Comprehensive Short-Term Assessment Program
- Community-Based Transitional Living Program

SERVICES

- Individual, Group & Family Therapy
- Psychiatric & Psychological Consultation
- Social Skills Training & Psychosexual Groups
- Relapse Prevention
- Specialized Educational Services
- Staff Secure Residential Care

ADMISSION CRITERIA

- Males 12 – 18 Years of Age
- Adjudicated & Non-Adjudicated



OUR PHILOSOPHY

Stevens Treatment Programs, a leader in the field of specialized residential treatment, provides comprehensive treatment and educational services to adolescent males with conduct, behavioral and emotional disorders. We specialize in working with adolescents who display high-risk behaviors, including fire setting and sexualized behaviors.

Located in Swansea, Massachusetts, on a scenic, peaceful 26-acre campus, Stevens' history of helping to meet the needs of children and families in the local community dates back to the late 1890s. Today, Stevens is a private, innovative residential program that provides an ideal treatment environment for troubled adolescents in need of a safe, highly-structured, dynamic and nurturing residential treatment setting.

Stevens clinical, academic and behavioral programs are designed to provide youth with the vision, motivation, skills and self-discipline necessary to lead productive lives. Our primary goal is to offer our residents a pathway to a new beginning, so that they may successfully complete their treatment and return to the community.

“**The (Stevens) staff is extremely patient, firm and consistent with our son. We believe that he feels safe and trusts the adults who counsel and supervise him on a daily basis.**

Stevens is the place where our son can get in touch with his feelings, open his heart and blossom as a person.

—Parent

“**I feel safe at Stevens...they have structure and always make sure everyone is safe.**”

—Student

A CONTINUUM OF TREATMENT SERVICES

The clinical and behavioral progress of all of Stevens' residents are assessed and acknowledged through participation in Stevens' SAGA (Searching/Adjusting/Growing/Advancing) Phase System. Residents are evaluated and receive direct feedback, throughout the day, regarding their behavior, decision-making and relationship building skills, as well as their use of clinical and educational services.

Throughout the course of their treatment, residents have the opportunity to move through the highly structured program on the main campus to the less structured system in our Transitional Living Program, located in the local community. Youth make these transitions as they reach designated phases in SAGA.

Residents may receive testing and evaluation, which is completed by a psychiatrist and psychologist, during their treatment with Stevens. Individual treatment planning and reviews are conducted for all residents on a quarterly basis and an on-campus nurse provides medical services and coordinates care with community-based health care providers.



THERAPEUTIC RESIDENTIAL LIVING

Stevens provides an exceptionally safe, highly structured milieu for difficult-to-manage, and often hard to serve, youth. Complementing our comprehensive treatment services, a state-of-the-art surveillance and alarm system ensures the safest environment for all residents.

At admission, youth are assigned to one of two residences, based on their treatment needs. A third residence enables youth, who progress through their treatment, to further work on skills in a less restrictive setting. This structure incorporates a daily routine that provides supervision, which is consistent and predictable.

Recreation and physical education activities are an integral component to group living. Facilities include a full size gymnasium, a spacious campus with outdoor fields, tennis courts, basketball courts and a pond.

TRANSITIONAL LIVING PROGRAM

The Transitional Living Program (TLP) is essential to Stevens' continuum of care. It offers therapeutic, community-based living, along with public school and employment opportunities, while still utilizing programs and services through the main campus.

The TLP is designed to give youth the opportunity to adjust in a less-restrictive environment, while practicing the skills necessary to make responsible choices. The TLP experience prepares residents to return to their communities and family settings better prepared to succeed. The TLP is the ideal step-down for the successful transition out of residential care.

CLINICAL AND FAMILY SERVICES

At Stevens, therapy assists with the identification of each resident's unique strengths and a treatment approach is designed that builds on these strengths. Master's level clinicians conduct individual, group and family therapy, which is cognitive in nature, and can be adjusted to meet the functional needs of each resident

Following an initial assessment, therapy focuses on both strengths and areas needing improvement. Individualized goals are set and tasks are assigned. Clinicians monitor and evaluate the progress on each goal and task, and provide on-going feedback to residents and their families.

SHORT-TERM ASSESSMENT

Depending on a client's needs, Stevens Treatment Programs can provide a short-term assessment in any of the following areas: Functional Behavioral Analysis, Trauma and Risk, Clinical Profile, Family Assessment, Medical Assessment and Educational Needs.

Assessments are typically completed within 45-60 days. Once completed, our team will present a comprehensive written report and will work to help develop a plan for treatment.



The clinicians and staff at Stevens went over and above in providing care for this child. Their caring and professionalism has helped this child achieve his goals...thank you!

—Social Worker





ACADEMICS

In Stevens' Brayton Learning Center, our teachers and teachers' aids provide academic programming designed to help each student succeed. Lesson plans are customized to meet individual academic needs, allowing students to reach their fullest learning potential, as well as meet state education requirements. All students' academic plans and progress are reviewed quarterly.

Stevens' curriculum is designed to provide innovative instruction, aligned with the Massachusetts Curriculum Framework, and to accommodate students' Individualized Education Program (IEP) goals. All students take courses in English, Language Arts, Mathematics, History/Social Studies and Science and Technology. Educational credits earned at Stevens are transferable and most students are eligible to earn their high school diplomas from their home school districts.

The education program operates year-round, allowing students the greatest opportunity for success. A Summer Program includes academic sessions, as well as afternoon skill activities, such as tennis, music, softball and crafts. Students leave Stevens with the skills needed to successfully transition into public or private day-school or continuing educational settings.

ENRICHMENT COURSES

All of Stevens' students receive instruction in additional enrichments courses to further enrich their education experience. Courses include:

- Career Education
- Physical Education
- Music
- Fine Arts
- Study/Organization Skills
- Fire Safety
- Human Sexuality

PRE-VOCATIONAL CURRICULUM

To prepare students for future employment and real life experiences students participate in a prevocational program. The curriculum, which runs in 10-week intervals, is offered throughout the year and may include the following areas:

- Building Repair and Maintenance
- Movie Production
- Visual Arts
- Computer Skills
- Food Service
- Small Business Development

REFERRALS AND ADMISSIONS

Stevens Treatment Programs has a rolling admissions policy, so a family, in-state or out-of-state agency, school district, educational advocate or an independent educational consultant responsible for a child may apply at any time.

Admission is facilitated by a thorough exchange of information about the prospective student. Our staff will conduct a review of the youth and family history. When possible, Individual Education Plan, psychiatric, psychological and educational assessments, as well as medical and educational records are examined to determine if placement at Stevens is appropriate.

The Admissions team accepts those applicants who will benefit from our educational and therapeutic services. Families and their children may be interviewed at Stevens, or admissions staff will come to them.

RECOMMENDED CONTENTS FOR REFERRAL PACKETS (if applicable):

Assessments

- Fire Setting
- Sexual Abuse/Offender
- Trauma

Evaluations

- Psychiatric
- Psychological
- Neurological
- Psychosocial
- Psychosexual

Others

- Current IEP
- Education History
- Medical/Immunization Records
- Funding Information

Status

- Court/Police Reports
- Guardianship/Custody



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FOR MORE INFORMATION:

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the Massachusetts Department of Elementary and Secondary Education.
Member of the Massachusetts Association of Approved Private Schools
and the Children's League of Massachusetts
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